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Media Contact: Rebecca Downard media@datingdonerightbook.com 913 732 1824 datingdonerightbook.com



## NEW BOOK, DATING DONE RIGHT, EMPOWERS CHRISTIAN SINGLES TO KISS DATING HELLO

**Kansas City, MO** – When Crystal Renaud Day, founder of Living on Purpose: Coaching and Pastoral Counseling released her first book in 2011, Dirty Girls Come Clean, she addressed a topic that is not often mentioned in Christian circles. Nine years later, Crystal once again delves into a topic that is seldom discussed but is vitally important. In her new book, **Dating Done Right: Pursuing Relationships on Purpose**, she offers practical advice, thoughtful questions, and frank discussion for single Christians who seek healthy, fulfilling marriages (which according to Crystal, starts with being healthy, fulfilled Christian singles!).

**Dating Done Right** is a comprehensive guide to singleness and dating for men and women of any age or life stage. Crystal Renaud Day was inspired to write Dating Done Right shortly after she met her husband in 2017. However, **Dating Done Right is the book she had always searched for as a single Christian living in the aftermath of the purity culture she grew up in.** Dating Done Right encourages singles to be content right where they are. This is accomplished by getting to know who they are first and discover what they want before ever entering into a new relationship. Dating Done Right is also designed to encourage dating couples to get vulnerable with each other—not to casually date or be pressured to marry fast. Instead, dating couples are encouraged to pursue relationships on purpose with marriage in mind. In Dating Done Right, Crystal shares her own personal journey of perpetual singleness, her heartache along the way, and the joy she found both in her singleness and after meeting her husband. **Comprised of relatable stories and over 500 reflection questions, individuals will learn to navigate singleness and dating with wisdom.** 

**About the Author** - Crystal Renaud Day is a pastoral counselor, coach, author, and speaker. Crystal owns and operates Living on Purpose Coaching & Pastoral Counseling and was the founding director of Dirty Girls Ministries, a non-profit ministry that helped women overcome sexual addiction. She also holds a Master of Arts in Pastoral Counseling: Life Coaching from Liberty University. Her work has been featured in the New York Times, ABC News, CNN, Christianity Today, The 700 Club, Outreach Magazine, and more. Her previous books include Dirty Girls Come Clean (2011, Moody Publishers) and 90 Days to Wholeness (2015, self-published). Crystal resides in the Kansas City area with her husband Tim.

## Dating Done Right is available for purchase as an eBook and paperback on Amazon (and through expanded distribution) beginning December 11, 2019.

For media inquiries, including interviews or written articles, please email media@datingdonerightbook.com or visit datingdonerightbook.com for more info.